

VERY HIGH

HIGH

# LOCAL COVID ALERT LEVEL

# HIGH

MEDIUM

<p><b>Social Contact</b></p> <p>1 household / bubble indoors. Rule of six outdoors.</p>		<p><b>Weddings and Funerals</b></p> <p>Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.</p>		<p><b>Overnight Stays</b></p> <p>Overnight stays permitted subject to social contact rules.</p>		<p><b>Working from home guidance</b></p> <p>Work from home where possible.</p>	
<p><b>Shopping and Retail</b></p> <p>Open.</p>		<p><b>Leisure and gyms</b></p> <p>Open.</p>		<p><b>Hospitality</b></p> <p>Open with some restrictions including 10pm closing time and table-service only.</p>		<p><b>Entertainment and tourist attractions</b></p> <p>Open, except nightclubs and adult entertainment.</p>	
<p><b>Education</b></p> <p>Schools, FE colleges open. Universities must reflect wider restrictions.</p>		<p><b>Healthcare Services</b></p> <p>Open.</p>		<p><b>Residential Care</b></p> <p>Closed to external visitors other than in exceptional circumstances.</p>		<p><b>Travel and Transport</b></p> <p>May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel into Local COVID Alert Level Very High areas where possible.</p>	
<p><b>Sporting Activity</b></p> <p>Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).</p>		<p><b>Worship</b></p> <p>Open, subject to social contact rules.</p>		<p><b>Childcare</b></p> <p>Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.</p>		<p><b>Youth Clubs and Activities</b></p> <p>Permitted.</p>	

There are three simple actions we must all do to keep on protecting each other:



**Wash hands**  
keep washing your hands regularly



**Cover face**  
wear a face covering in enclosed spaces



**Make space**  
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:  
[gov.uk/coronavirus](https://gov.uk/coronavirus)